

The Asheville Adult Baseball League has adopted the following rules and regulations to govern the Regular season and tournament play. The [national MSBL rules and regulations](#) will be followed unless otherwise stated below.

### **Player Eligibility**

1. Players will be eligible if their 25<sup>th</sup> birthday falls within the season's calendar year. The eligible birth year for 2011 is 1986
2. There are only 3 players between the age of 18 and 24 allowed on the roster at anytime. An 18 year old player is only eligible the day he turns 18.
3. All players must be listed on the Team's Roster and have filled out the player participation form prior to being eligible to play. A player can be added at anytime during the season. A player participation form must be filled out prior to participating and a fee of \$19/player needs to be paid to the league for those individuals.
4. To be eligible for the post season tournament a player must have played in at least 4 regular season games.
5. In the case where a team needs to use a fill in player, it must be approved by the opposing team's manager prior to the start of the game.
6. The AABL will allow ex-pros to play in the league as long as they meet the age requirement. All ex-pros, unless removed from pro status for 3 full AABL season, will not be able to pitch and must use a wood bat at all times.
  - a. Teams caught not following this rule will be required to forfeit all games that player participated in as an illegal player.
  - b. Teams are required to make sure the league is aware of a player's ex-pro status.

### **Equipment Guidelines**

1. Each team is responsible for providing 3 new or slightly used baseballs at game time. If these baseballs are exhausted, the Home Team is responsible for the remainder of the game.
2. Approved baseballs will be purchased and provided by the league. 3 dozen will be included in your league fee. Any balls needed after that will need to be purchased from the league at cost.
3. **Bats are to be -3 only (ex. 33in 30ozs or 34in. 31ozs.)**

## Game Guidelines

1. **Base coaches are required to wear a batting helmet at all times.**
2. **You can designate a runner at the start of the game for at least two individuals. There is a courtesy runner allowed for the catcher and pitcher with two outs only.**
3. **If a player is injured during a play the opposing team can allow a courtesy runner if the team does not have a replacement or require it to be an out.**
  - a. **The replacement runner is the last batted out.**
4. **No malicious attempts on the base path. A player must slide or move from the baseline to avoid a collision. No runner shall collide with the catcher to force the ball out or obstruct them from catching an incoming ball.**
5. **7 inning games and a 10 run mercy rule after 6 innings. It is the losing coaches discretion to end the game if down by 15 or more runs after 5 innings.**
6. **There will be a 3 hour time limit for all games.**
  - a. **Time starts when first pitch is thrown.**
  - b. **Make sure you are doing everything possible to move games along quickly.**
7. **If a team starts with 8 players the 9<sup>th</sup> spot will not be an out. If a team starts with 9 or more and a player is injured or leaves the game, and no replacement is available, that spot will be an out the first time it comes up in the lineup. After the first out that spot will no longer be an out.**
8. **If a game gets cancelled due to a rain delay it will pick up where it was left off. The home team is the official score keeper, so make sure you understand where you will be picking up when you return to the game. If there is a discrepancy the portion of the inning will start over. Ex. Rain delay in the bottom of the 4<sup>th</sup>, 1 out and a man on 1<sup>st</sup>. If there is no agreement because of no scorebook, then the bottom of the 4<sup>th</sup> will begin the game as it had never happened.**

## Field Specifics

1. **Enka High School** has requested that metal cleats are not to be worn in the batting cages and please make sure nobody is playing on the iron mike pitching machine.
2. It is a privilege for us to use these local facilities, please ensure we are keeping the dugouts and surrounding areas clean and in order prior to leaving the fields. Pick up trash regardless whether you think your team left it.
3. Do not clean your cleats off by banging them against the dugouts.
4. **PLEASE ABIDE BY ALL RULES AT EACH FACILITY! PLEASE NO SMOKING AT THESE FACILITIES!!**
5. **NO ALCOHOL TO BE PERMITTED AT ANY EVENT OR LOCATION, INCLUDING YOUR CAR!!!**

### **Umpires**

1. If a suspended game is completed before or after an already scheduled game, the umpires will be paid for the suspended game completion based on the number of innings it takes to finish that game. The fee will not exceed \$50 per umpire.
2. If umpires show up for a game, and that game is not played, each umpire will receive a \$25 flat fee. Exception: if the game cancellation had been published at least one hour prior to scheduled start time through email, text message, cell phone voice mail and/or game hotline recording, the official(s) will not be paid.